

## LIFE BUILDER

## INTRO TO CAREER EXPLORATION



## LIFE BUILDER: EXPLORE CAREERS + PATHWAYS

It's time to explore what's possible! This is an on-going process. Exploring careers and pathways takes time and patience, but this should be fun! Here's what to keep in mind.

- Be Open To Exploring the Unexpected: Explore jobs and career paths that might not immediately feel like they fit. You never know what you might discover. There are hidden lessons and possibilities in everything!
- You Don't Have to Be a Perfect Fit Now: Getting qualified for a job or path takes time. No one expects you to be fully qualified now. If it's interesting, give it your attention.
- Look for Related Jobs: There are connections and relationships between jobs that you may not even realize.
  If you're interested in fitness training, there's also physical therapy, fitness equipment specialists, and sports medicine doctors. Consider what's linked and see what fits you best.



## CAREER EXPLORATION HOW-TO

- Head to www.myuniquegenius.com/careers
- · Check out the career pages and stories.
- · Read through their Career Story.
- Download and read their interview article.
- Watch their career videos. Most people have lots of videos on their YouTube playlist as well.
- Take notes here!

MOST INTERESTING CAREER STORIES



CAREERS/JOBS/INDUSTRIES I'M CURIOUS ABOUT. OR: WHAT'S LINKED TO THE CAREERS I EXPLORED?

EVEN IF NONE OF THE CAREERS WERE A PERFECT FIT FOR ME, WHAT DID I LEARN? WHAT CAN I TAKE WITH ME AS I CONTINUE TO EXPLORE?